

Krisztián Havanecz



- assistant lecturer
- Training Theory and Methodology Research Center
- 1993

Qualifications, academic degrees

University degrees

- **2022**- Hungarian University of Sports Science, School of Doctoral Studies
- **2015-2021** University of Physical Education, Undivided Physical Education, Adapted Physical Education teacher

Academic degrees and titles

- PhD student

Professional career

Previous and current jobs, positions and titles

- **2023** - DVSC Football Academy - Strength and Conditioning Group Leader
- **2022** - Hungarian Handball Federation, Training Theory Teacher
- **2022** - Hungarian University of Sports Science - Assistant Lecturer
- **2021.** - Weöres Sándor High School - PE teacher
- **2021 - 2023** - MTK Budapest, Sándor Károly Football Academy - Data Analyst
- **2020 - 2023** - Hungarian Football Federation, Referee Committee - Strength Conditioning Trainer
- **2019 - 2021** - UTE Football Academy - Strength and Conditioning Trainer

Public activities at the university (board memberships, leadership positions)

- Hungarian University of Sports Science, Student Mentor Program
 - 2019/2020 I. semester - anatomy, physiology subjects
 - 2019/2020 II. semester - anatomy, physiology, training theory and methodology subjects
 - 2020/2021 I. semester - anatomy, physiology, training theory and methodology subjects
 - 2021/2022 II. semester - anatomy, physiology, training theory and methodology subjects

Awards, titles, honours

- XXXV. National Conference of Scientific Students' Associations (OTDK), Physical Education and Sports Science section, Training Theory I. - Special Award
- 2023 Institutional Scientific Student Conference - Richárd Bauer - special award
- 2023/2024 - Young Teacher of The Year

Language skills

language	speaking skills	writing skills	reading skills	take part in a media event?
english	"B2" type	"B2" type	"B2" type	yes

Research, expert activities

Major subjects and topics taught

- General Training Theory and Methodology
- Monitoring
- Strength and Conditioning
- Prevention and Rehabilitation Training Theory and Methodology

Field and discipline

- Sports Science - Training Theory

Current research topics

- Investigation of load variables in elite youth soccer players.

Publications

- Az Eszterházy Károly Catholic University (EKE) sectio sport magazine scientific publication:
(<https://doi.org/10.33040/ActaUnivEszterhazySport.2022.49>)

Contacts

University residence

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