



Leila Seres Mrs. Mészáros M.D., PhD.

- Associate professor
- Department of Health Sciences and Sport Medicine
- Management mandate:
- Year of birth: 1976

Qualifications, academic degrees

University degrees

- 2001: Medical Doctor, MD, Budapest (Semmelweis University, Faculty of Medicine)

Academic degrees and titles

- 2007: Ph.D. degree in Basic Medicine, Budapest (Semmelweis University School of PhD Studies)

Professional career

Previous and current jobs, positions and titles

- 2017–ongoing: Associate professor at the Department of Health Sciences and Sport Medicine, Hungarian University of Sports Science
- 2015– 2017.: Researcher, lecturer, University of Physical Education
- 2013–2014. Assistant professor, Semmelweis University, Department of Surgical Research and Techniques
- 2005–2013: Research associate, Gottsegen György National Institute of Cardiology

Public activities at the university (board memberships, leadership positions)

- PhD complex exam, committee member, Semmelweis University

Key study trips, missions

- 2001–2005: State-funded PhD scholarship
- 2003: Scholarship to Finland, University of Oulu, Department of Physiology
- 2003–2004. Scholarship to Germany, Ruprecht Karl University, Heidelberg, Laboratory for Experimental Heart Surgery

Awards, titles, honours

- 2017. Rector's commendation, University of Physical Education

Language skills

language	speaking skills	writing skills	reading skills	take part in a media event?
English	B2	B2	B2	-
German	B2	B2	B2	-

Research, expert activities

Major subjects and topics taught

- Anatomy, Sport anatomy
- Orthopedic, surgery, traumatology –
- Prevention-rehabilitation, health sciences

Field and discipline

- Physiology–sport physiology
- Cardiology
- Sport medicine, orthopedics and rehabilitation
- Exercise is medicine

Current research topics

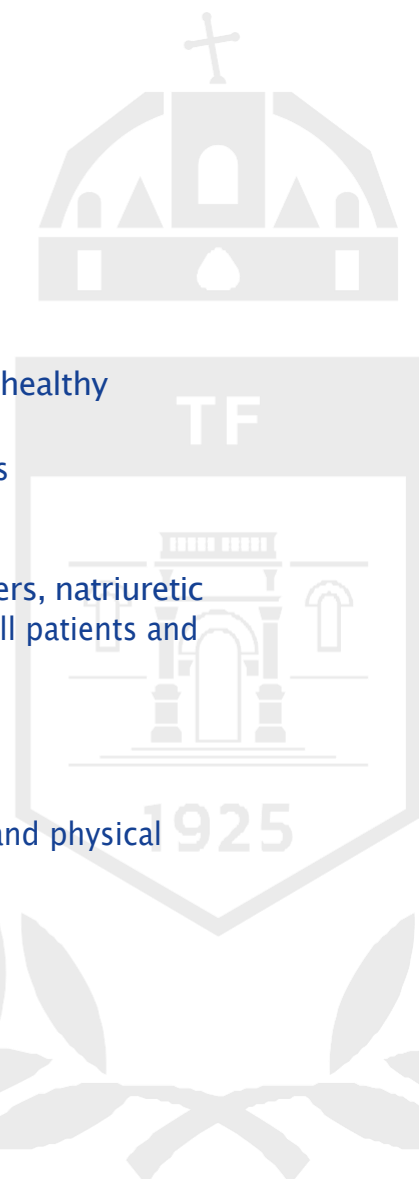
- Exercise is medicine, Evaluation of Physical activity in healthy individuals and patients
- Prevention of cardiovascular diseases and sport injuries

Former research topics

- Examinations of effect of endogen peptides, biomarkers, natriuretic peptides and oxidative stress in heart failure, critically ill patients and ischaemic heart disease

Key research

- Prevention of sport injuries
- Physiological and biochemical background of exercise and physical activity



Membership of a scientific or professional organization or body

- Hungarian Society of Sport Science
- Hungarian Society of Sports Medicine

Editorial board memberships and positions

Expert advisory activities

Publications

- My publications in MTMT (Catalogue of Hungarian Scientific Works) (link)
- <http://www.hit.bme.hu/~ghorvath/tudometer/mtoscoring/10040191>
- 19 international and Hungarian articles
- Cumulative impact factor: 50.22
- Independent citations: more than 451
- Hirsch index: 10

Contacts

University residence

- Building: L5
- Room: 104
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Other professional profiles

- LinkedIn:
- MTMT:
<https://m2.mtmt.hu/frontend/#view/Publication/SmartQuery/1127/>
- Scholar:
- Other(s):

