



Prof. Dr. László Tóth, PhD

- director
- Teacher Training Institute
- Management mandate: 2021-
- Year of born: 1968

Qualifications, academic degrees

University degrees

- 1987–1991 PE teacher Hungarian University of Physical Education
PE teacher qualified to teach at secondary level education
- 2001–2002 Coaching Semmelweis University Faculty of Physical Education and Sport Sciences
- Qualification: Trainer with Track and Field specialization
- 2004–2008 Psychology University of Szeged, Faculty of Arts
Qualification: Psychologist
- 2007–2009 Sport psychology specialist training Semmelweis University Faculty of Physical Education and Sport Sciences
Qualification: Sport Psychologist
- 2015–2017 Mentor teacher training University of Physical Education
Qualification: Mentor teacher of Physical Education

Academic degrees and titles

- 2005: PhD studies and research: Semmelweis University
- Field of Studies: Pedagogy and Sport Sciences
- Title of Doctoral Thesis: Comparative analysis of physical maturation, motor and school performance and emotional processes of 10–15 year old schoolchildren
- 2015: Habilitation: University of Pécs
- Branch: Health Sciences
- Scientific lecture: Effects of cognitive strategies on controlling emotions: new trends/possibilities in reaching and preserving mental health

Professional career



Previous and current jobs, positions and titles

- 1992: German Nationality Primary School Pomáz- PE teacher, coach
- 2006: Semmelweis University, Faculty of PE and Sport Sciences
Department of Psychology – assistant lecturer
- 2007: Semmelweis University, Faculty of PE and Sport Sciences
Department of Psychology – senior reader/assistant professor
- 2009: University of Physical Education, Department of Psychology –
reader/associate professor
- 2021: Hungarian University of Sports Science, Teacher Training Institute
– director
- 2022: Hungarian University of Sports Science, Department of Psychology
and Sport Psychology – full professor

Public activities at the university (board memberships, leadership positions)

- Hungarian University of Sports Science – Credit Transfer Committee –
chairman
- Hungarian University of Sports Science, teacher Training Institute –
director
- Hungarian University of Sports Science, TF 100 – member of TF Change
Team

Key study trips, missions

- 2020: UPE Complex Education Language and Intercultural Immersion for
Faculty, Albuquerque, New Mexico, USA
- 2011: English Sports Exchange Programme, University of Chichester,
Chichester, England

Language skills

language	speaking skills	writing skills	reading skills	take part in a media event?
English	B2	B2	B2	Y
German	B1	B1	B1	

Research, expert activities

Major subjects and topics taught

Subjects taught in Hungarian	Subjects taught in a foreign language
Developmental Psychology	Psychology of Social Influence

Pedagogical Psychology	Skills and Motor Development
Motor Development	Motor Development
Sport Psychology	

Field and discipline

- Educational and sport sciences
- Psychological Sciences

Current research topics

- Relations of executive functions and regulation of competitive anxiety
- Arousal regulation with biofeedback and neurofeedback methods
- Examination of sport motivation and perceived motivation climate in several field of sport

Former research topics

- Application of cognitive emotion regulation strategies in sport
- Psychological examination of coaches

Key research

- 2015: Creating a model explaining regulating role of Cognitive Strategies and its empirical validation in context of elite-level sports performance: an intercultural approach. Research Fund of University of Physical Education - 1 million HUF
- 2016: Interaction of cognition and emotions in elite-level sport performance: multilevel data-analysis approach. Research Fund of University of Physical Education - 1 million HUF
- 2017: Studying complex mental health, emotion-regulation strategy and sport-related motivation with multivariate data analysis method. Research Fund of University of Physical Education - 1 million HUF

Membership of a scientific or professional organization or body

- Hungarian Society of Sport Science Sport Psychology Section
- Hungarian Psychological Association
- Hungarian Academy of Sciences – public member
- Stress and Anxiety Research Society - member

Editorial board memberships and positions

- Acta Academiae Agriensis Sectio Sport– member of Editorial Board
- Journal of School and University Medicine – member of Editorial Board
- Physical Education, Sport, Science (PSS) – member of Editorial Board
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Expert advisory activities

- Professional Advisory of Physical Education and Sport, mentor teacher
- Professional Advisory of field of Sport Psychology

Publications

- My publications in MTMT (Catalogue of Hungarian Scientific Works)
<https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=10022301>

Contacts

University residence

- Building: K1
- Room: A218
- Phone number(s): +36-1-487-1502; +36-20-317-8829
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Other professional profiles

- Doktori.hu:
- https://doktori.hu/index.php?menuid=192&lang=HU&sz_ID=8140
- MTMT:
<https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=10022301>
- Research Gate:
- https://www.researchgate.net/profile/Laszlo_Toht6

