



Attila Várhegyi

- University Teaching Assistant
- Department of Recreation
- Management mandate: Course manager, manager responsible for the development of an internal communication platform
- Year of birth: 1987.

Qualifications, academic degrees

University degrees

- BSC Recreation organizer (2011)
- MSC Recreation manager (2013)

Academic degrees and titles

- Doctoral student (Doctoral School of the Hungarian University of Physical Education and Sports Sciences)

Professional career

Previous and current jobs, positions and titles

- ESC Club Kft. (2009–2019)
- Active Trainnig Kft. (2015)
- Nemzeti Egészségfejlesztési Intézet – National Institute for Health Development (2014)
- Hungarian University of Sport Science (2015–)
- National Student Leisure Sports Association – NDHSZ – Sportklubok az egészségért project (2019–2020)
- Hungarian University College Sports Association– MEFS – Teljesítménytúra sorozat szakmai koordinátor (2021–2022)

Public activities at the university (board memberships, leadership positions)

- Manager Responsible for Designing an Internal Communication Platform (2023–)
- Course coordinator (BSC. Recreation Lifestyle)
- RRF – 2.1.2–21–2022–00032–Digitalization 2.0 – Education digitalization associate
- TFSE – Head of the bicycle department
- TFSE – Head of E-Sport department

Key study trips, missions

- Staff Mobility For Training – Albani – University of Tirana



Language skills

language	speaking skills	writing skills	reading skills	do you do media appearance?
English	B2	B2	B2	yes

Research, expert activities

Major subjects and topics taught

- Cycling camp, basic cycling skills
- Environmental culture
- Recreational Movement Forms
- E-sport and Bike tour free-to-choice course

Field and discipline

- Social Science
- Sport Science

Current research topics

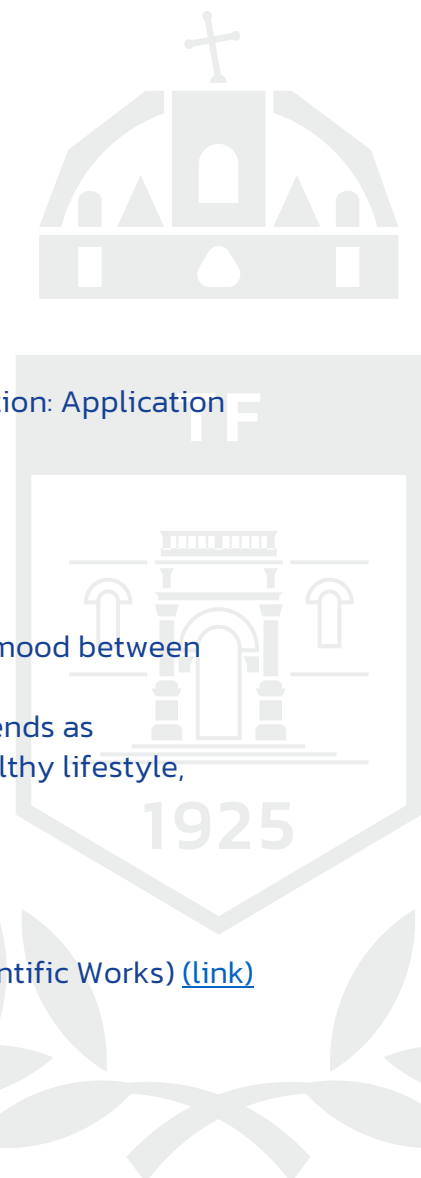
- Effects of information communication tools on Recreation: Application frameworks
- E-Sport
- Bikefitting

Former research topics

- The effect of outdoor training on the relationship and mood between colleagues, co-workers and their bosses (BSC, 2011)
- The importance of outdoor and experience-seeking trends as experiential pedagogic methods in education for a healthy lifestyle, their inclusion in public education (MSC, 2013)

Publications

- My publications in MTMT (Catalogue of Hungarian Scientific Works) ([link](#))



Contacts

University residence

- Building: K2
- Room: Recreation Department
- Phone number(s): +3630-190-2006
- E-mail address: varhegyi.attila@tf.hu

Other professional profiles

- [LinkedIn](#)
- [MTMT](#)
- [Other\(s\)](#)

