

Bettina Béres

- Assistant Research Fellow
- Research Center for Sport Physiology
- Year of birth: 1990

Qualifications, academic degrees

University degrees

- 2014 Certified Human Kinesiologist (Exercise Physiology specialization)MSc
 Semmelweis University, Faculty of Physical Education and Sport Sciences, Budapest
- 2013 Sports coach in swimming Semmelweis University, Faculty of Physical Education and Sport Sciences, Budapest
- 2012 Human Kinesiology BSc Semmelweis University, Faculty of Physical Education and Sport Sciences, Budapest

Academic degrees and titles

- BSc
- MSc

Professional career

Previous and current jobs, positions and titles

- 2017 2022 University of Physical Education, Sport Science and Diagnostic Laboratory, then Research Center for Sport Physiology; Assistant research fellow
- 2016 2017: Hungarian Canoe Federation Sports coordinator
- 2014 2016 Sports Lab (Performance Diagnostic Laboratory)
 Head of Laboratory, Human Kinesiologist
- 2012 2014, Tamás Darnyi Swimming School Swimming instructor

Public activities at the university (board memberships, leadership positions)

• Physical Education, Sport, Science – Official scientific journal of the Hungarian University of Sports Science, Budapest, Hungary, Editor

Key study trips, missions

• ECSS 2019 – 24th Annual Congress of the European College of Sports Science

Language skills

| language | speaking skills | writing skills | reading skills | do you do media appearance? |
|----------|-----------------|----------------|----------------|--------------------------------|
| English | B2 | B2 | B2 | no |

Research, expert activities

Field and discipline

Spiroergometry

Current research topics

 Kinetic examination of the energy supply system of young ball players depending on age and physical development

Former research topics

- The genetic background of talent in swimming
- Comparison of freeweight and bodyweight training with lower limb examination

Membership of a scientific or professional organisation or body

• 2017- Hungarian Association of Sport Science (member)

Editorial board memberships and positions

 Physical Education, Sport, Science – Official scientific journal of the Hungarian University of Sports Science, Budapest, Hungary, Editor

Publications

• My publications in MTMT (Catalogue of Hungarian Scientific Works) https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=10060409& view=simpleList

Contacts

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Other professional profiles

MTMT: https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=10060409&view=simpleList

